



### Season 10 Winners

#### **Greatest Average % of Body Weight Loss by a Team**

First Place – Greater Salem Church

Second Place – The Living Church

Third Place – Greater Providence Baptist Church

#### **Greatest % of Body Weight Loss by an Individual**

First Place – Darryl Pharr – Greater Salem Church

Second Place – Ann Jones – Parkwood Institutional CME Church

Third Place – Claudia Stowe – Parkwood Institutional CME Church

#### **Greatest Reduction in Waist Circumference – Female Category**

First Place – Ruthie Howie – Greater Providence Baptist Church

Second Place – Bernice Grier – McClintock Presbyterian Church

#### **Greatest Reduction in Waist Circumference – Male Category**

First Place – Rev. Harry Hager – Greater Bethel AME Church

Second Place – Robert Shankle – Torrence Grove AME Zion Church

#### **A1C Overall Winners**

First Place – Faye Gladden – 15<sup>th</sup> Street Church of God

Second Place – Veronie Gamble – East Stonewall AME Zion Church

#### **Cholesterol Ratio Overall Winners**

First Place – Karen Kindell – Church on the Grow

Second Place – Kathy Cuttino – The Park Church

Third Place – Sharon Hurst – Team Excel

### **Hypertension Winners Overall**

First place – Maggie Miller- Parkwood Institutional CME Church

Second Place- Daphnie Miller- Little Rock AME Zion Church

### **Season 10 Medal Winners**

The individuals below were awarded medals for their outstanding improvement in one of three categories: **A1C, Cholesterol Ratio, and/or Blood Pressure.**

#### **15<sup>th</sup> Street Church of God**

Bishop Wade Ferguson – A1C

Carolyn Powers – A1C

Robbin Johnson – A1C

#### **Antioch Baptist Church**

Anita Grier - Cholesterol

April Forte – Cholesterol

#### **Archwell Health**

Robin Toliver-Ayotunde -  
Cholesterol

#### **Calvary Christian Church of the Apostolic Faith**

James Wright – Blood Pressure

#### **Church on the Grow**

Mary Harley – A1C

Shivonia Singleton Niyame – A1C

#### **Clinton Chapel ANE Zion Church**

Angela Taylor – A1C

Donnie Taylor – Cholesterol

Etha Shannon – A1C

Jean Chisholm – A1C

Leroy Long – A1C and  
Cholesterol

#### **Columbus Chapel AME Zion Church**

Darlene Livingston- A1C

Doris Chisholm – Cholesterol

#### **CN Jenkins Memorial Presbyterian Church**

Cynthia Thomas – A1C

Jaqueline Ponders – Cholesterol

#### **East Stonewall AME Zion Church**

Lea’Vee Jordan – Blood Pressure

Sheila Page-Cooper – A1C

Tina Frazier – A1C

#### **Faith CME Church**

Helen McAuley – A1C

Lisa Reid – Cholesterol

Monica Williams – Bynum – A1C

#### **Faith Memorial Baptist Church**

Shalia Bogou – A1C

#### **First Baptist Church – West**

Juanita Harris – Cholesterol

Mary Thomas – A1C

Pamela Love – Cholesterol

#### **Friendship Missionary Baptist Church**

Deborah Dean – A1C

#### **Greater Bethel AME Church**

Boneita Page –A1C and Blood  
Pressure

#### **Greater Providence Baptist Church**

Ileen Rogers – A1C

Ruthie Howie – Blood Pressure

Tabatha Howard – A1C

#### **Greater Salem Church**

Darryl Pharr - Cholesterol

#### **Greenville AME Zion Church**

Cheryl Howard – A1C and  
Cholesterol

Mary Aikens – A1C

#### **Little Rock AME Zion Church**

Gardenia Watts – A1C

**Macedonia Baptist Church**

Deborah Worrell – A1C and Cholesterol

**Mayfield Memorial Baptist Church**

Cynthia Gaston – Cholesterol

**McClintock Presbyterian Church**

Kenney Jackson - Cholesterol

**Moore's Sanctuary AME Church**

Arthur Johns – Cholesterol

**Mt. Olive Presbyterian Church**

Pauline Davis – A1C

Alexis Spears – Cholesterol

**Mt. Vernon Missionary Baptist Church**

Rogerlean Hayden – A1C

Patricia Massey – Cholesterol

Yolanda Wright – Blood Pressure

**New Creation Missionary Baptist Church**

Brochel Douglas – A1C

**New Zion Missionary Baptist Church**

Karen Linyard – A1C

Karen Wallace – Blood Pressure

Thomasina Laney – A1C

**O'Zion AME Zion Church**

Barry Mason – A1C and Cholesterol

Felicia Mason- Cholesterol

Jackie McClelland – A1C

**Parkwood Institutional CME Church**

Ann Jones –A1C and Blood Pressure

Argelene Dunn – A1C

Claudia Stowe – Blood Pressure

Tommy Stowe – A1C

Winnie Brailey – Cholesterol

**Rockwell AME Zion Church**

Blondina Reid –A1C

Carolyn Robbins – A1C and Cholesterol

Larry Costen – Blood Pressure

Tina Baldwin – Cholesterol

Tracey Hall – A1C

**Second Calvary Baptist Church**

Cleya Williams - Cholesterol

Darie Wilson – A1C

Dorothy Martin-Payne - Cholesterol

LeSheryl Wootsen – A1C and Cholesterol

Suni White – Cholesterol

**Smallwood Presbyterian Church**

Bobbie Berry –A1C and Cholesterol

**South End Presbyterian Church**

Sherman Crowder – A1C

**St. Luke Missionary Baptist Church**

Garrick Combs – A1C

Gwenda Alexander – Cholesterol

Nancy Boyce -A1C

**Team Excel**

Deirdre Smalls – Blood Pressure

**The Heights Ministry**

Rev. Audra Atkinson – Cholesterol

**The Living Church**

Eugene Williams – A1C and Cholesterol

Faith Walker – A1C

Marilyn Forrest – Cholesterol

Redgenel Forrest – Cholesterol

Stephanie Harris – Blood Pressure

**The Park Church**

Bridget Lightner – A1C

Cecelia Williams – Cholesterol

Selena Ford - Cholesterol

**Torrence Grove AME Zion Church**

Joretha Young – A1C

Marvin Crowder – Blood Pressure

**West Charlotte Church of God**

Veronica Cherry – Blood Pressure